



SPECTRA → TRANS COUNSELLING SERVICE

wheelchair accessible



Free short-term face to face counselling for people who identify as trans, non-binary or are questioning their gender identity. Delivered by a trans - identified counsellor.



*Express your interest or
book appointments:*

counselling@spectra-london.org.uk
or call:

0800 587 8302
020 3322 6923
[www.spectra-london.org.uk/
trans-gender-services/](http://www.spectra-london.org.uk/trans-gender-services/)



Spectra

Peer services, improved lives

SPECTRA  **TRANS**
COUNSELLING
SERVICE



SPECTRA TRANS COUNSELLING SERVICE
St Charles Centre for
Health and Wellbeing
Exmoor Street, London W10 6DZ



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